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Granulocyte Macrophage Colony Forming Unit (GM-CFU) Assay

Experiment # 4 (Dip #1)

Source of Irradiation: Radionuclide injection

Mice Sex, Strain, Age: Sw, F, 5-6 wk

Type of Irradiation: Chronic

Animals per group: 3

Aims: To determine the day on which GM-CFC survival is minimum following 14.6 K_{Bq}/g Sn-117m (10 μ ci/animal)

Summary of Results:

Brief Procedure:

- 1) Inject animals in groups of 3 with desired activity of Sn-117m intravenously through lateral tail vein.
- 2) Sacrifice each mouse on optimal day by cervical dislocation and sterilize using 70% EtOH and immediately move it into laminar flow hood.
- 3) Remove both femurs carefully using sterile instruments and clean the attached tissue thoroughly.
- 4) Flush the bone marrow with 2% Horse Serum in Dulbecco's Modified Eagles Medium (2% HS-DMEM) using 21G needle and syringe.
- 5) Separate the mononuclear cells by density gradient procedures using Histopaque.
- 6) Plate the desired number of cells (cell suspension) in mixture of 60% HS-DMEM and 1.7 ml 0.6% bacto agar solution in the presence of 9.2 U (New Sigma Unit) of GM-CFS.
- 7) Keep the plated petri dishes for 20 min. in laminar flow hood and move them into incubator with 5% CO₂ and 95% air, at 37°C.
- 8) Count the granulocyte macrophage colonies on 7th day.

Sn-117m injections:

Group # Probe #	Date of injection	Activity injected (K _{Bq} /g)	Date Sacrificed	# of days	Remarks if any
C1	9/2/98	0	9/7/98	5	0.2 ml 0.9% NaCl injected, control
♀					
1	9/2/98	10/4.6	9/7/98	5	
2	8/31/98	14.6	9/7/98	7	
3	8/29/98	14.6	9/7/98	9	
4					
5					
6					
7					
8					

Preparing Media and Agar:

Culture Medium (Double Strength, 2X): 13.37g (1 pack) of DMEM powder (Gibco, Cat # 12100-038) + 490 ml deionized water + 16 μ l of L-asparagine (Gibco Cat # 12416-012) at a concentration of 5 μ g/ μ l + 150.4 μ l of DEAE dextran (mol. wt. = 2×10^6 , intrinsic viscosity = 0.7) at a concentration of 1 μ g/ μ l (Sigma Cat # D-9885) + 10 ml of penstrep (Gibco Cat # 600-5070, 5,000 units/ml pen, 5,000 μ g/ml streptomycin) + 3.7 g of NaHCO_3 (Gibco Cat # 11810-025).

Culture Medium (2X) with 60% Horse Serum: Add 60 % Horse Serum to 2X DMEM

Wash Medium: i) Mix equal amounts of culture medium and sterile deionized water.
ii) Add 2% HS

Agar: Prepare 0.6% agar by adding 0.6 g Difco Bacto agar (Difco Cat # 0140-15-4) to 100 ml boiling deionized water. Autoclave on liquid cycle for 20 min.

Comments If any:

Flushing Bone marrow:

- 1) Remove both femurs from each mouse and place them in a test tube containing wash medium kept in ice, if the femur can not be flushed immediately.
- 2) Flush the marrow from each femur by aspirating 3 ml of Wash Medium through the femur 5 times with a 21G needle/3 ml syringe in a 50 ml conical centrifuge tube. Follow with two flushes with 1 ml of fresh Wash Medium.
- 3) Spin the cells at 1200 rpm for 5 minutes at 4°C, decant, break up the cell pellet, resuspend the cells in 5 ml of cold Wash Medium, and vortex the cell suspension.

Comments If any:

Counting the Cells:

Add 10 μ l of cell suspension to 20 ml of Isotone II in a coulter cup and count the cells using coulter counter. Calculate total # of cells in each group.

Coulter Counter Parameters:Current(I)=500 μ A

Full Scale = 1

 T_L = 2.7 T_U = 99.9Manometer Select = 500 μ l

Attenuation = 4

Alarm Threshold = off

Preset Gain = 1

Stirrer control = off

Multiplication Factor to get total # of cells in 5 ml = 20,000 x Coulter count

Group #	Coulter Count without ZG	Avg	Total # of cells	Coulter Count with 5 drops ZG	Avg	Total # of cells
C1						
C2	NOT	PERFORMED				
1						
2						
4						
5						
6						
7						
8						

Comments If any:

Separating Mononuclear cells and washing the cells:

- 1) Transfer 3.5 ml of Histopaque (Sigma Cat #H8889) into fresh 15 ml tubes (1 tube per group).
- 2) Layer the cell suspension carefully on top of Histopaque and centrifuge at 1500 rpm, 4°C, for 30 minutes.
- 3) Using a Pasteur pipette transfer the mononuclear cells into fresh 15 ml tubes.
- 4) Dilute the cell suspension to 15 ml by adding cold Wash Medium into each tube and spin them at 1200 rpm, 4°C, for 5 min.
- 5) Decant the supernatant, break the pellet, and add 15 ml cold Wash Medium, and spin them again at 1200 rpm, 4°C, for 5 min. Repeat this procedure 2 more times.
- 6) After 3rd wash break the pellet and resuspend in 2 ml Culture medium (2x DMEM) with 60% HS and keep the tubes in dry bath at 37°C.
- 7) Add 20 μ l of cell suspension to 20 ml of Isotone II in a coulter cup and determine total # of cells in each group using coulter counter.

Coulter Counter Parameters: *Same as above*

Multiplication Factor to get # of cells/ml = 2000 x Coulter Count

Group #	Coulter Count without ZG	Avg	# cells per ml	Coulter Count with 5 drops ZG	Avg	# cells per ml
C1				4070, 4120, 4175	4121	8,243,333
C2						
1				2861, 2770, 2740		
2				2325, 2340, 2318		
3				3305, 3297, 3291		
4						
5						
6						
7						
8						

Average # of cells per ml = 8,243,333

DILUTIONS

Dilution A: (1.0×10^6 cells /ml, Total volume 3.4 ml)

Vol of final cell suspension required = $3400000 / \text{cells per ml} = 3400000 / 8243333 = 0.412 \text{ ml}$

1.7 ml Agar + 1.287 ml Medium + 0.412 ml Cell Suspension

Dilution B: (3.0×10^5 cells /ml, Total volume 3.4 ml)

Vol of final cell suspension required = $1020000 / \text{cells per ml} = 1020000 / 8243333 = 0.123 \text{ ml}$

1.7 ml Agar + 1.576 ml Medium + 0.123 ml Cell Suspension

Plating the Cells:

Culture Medium: Maintain four 13mm tubes each containing 4.5 ml of Culture medium in dry bath at 37°C.

Agar: Maintain five 16mm tubes each containing 6.5 ml of Agar in dry bath at 37°C.

- 1) Warm up dilution tubes (2 or 3 per group) to 37°C in dry bath.
- 2) Warm up Agar (30 ml) and 60% HS in 2x DMEM (30 ml) in separate tubes to 37°C.
- 3) Mark the Six-well plates (3 wells for each dilution for each group) containing 20 ul of stock GM-CSF (9.2 U) in each well.
- 4) Mix 1.7ml agar + x ml of 2x DMEM with 60% HS + y ml cell suspension + 0.02 ml GMCSF (x + y = 1.7 ml) in a dilution tube.
- 5) Add 1 ml of mixture 4 to each well, mix properly and let it gel for about 30 minutes.
- 6) Repeat steps 4 and 5 for each dilution.
- 7) Repeat steps 1 to 6 for each group.
- 8) Incubate the cells in an incubator at 37°C and 5% CO₂, 95% air for 7 days.
- 9) On 8th day of incubation count colonies and determine the survival fractions.

Counting the Colonies: (Inverted at 40X or dissecting at 35X)

Group #	Dose Activity #injected	# of cells plated	# CFU-GM counted	Avg	SF
C1	0	3×10^5	162, 155, 149	155.33	
C2					
1	10 μ ci	3×10^5	145, 136, 124	135.0	0.869
2	10 μ ci	3×10^5	138, 117, 127	127.33	0.8197
3	10 μ ci	3×10^5	132, 147, 140	139.66	0.8991
4					
5					
6					
7					
8					